



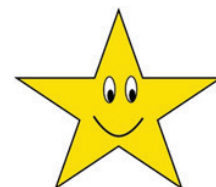
16th February 2017

Term 1 Week 4

Orara Valley Swimming Carnival: It was great to see all students take part in the Small Schools swimming carnival. The students had a fantastic time, although we had to shorten it due to the extreme heat. Ulong School also had some fast swimmers who represented our school at the Orara Valley carnival. We were very proud of their efforts. Well-done Nakita, William & Seth!!

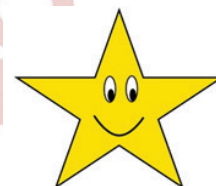
Canteen: It is with great pride, we announce that the school canteen will be up and running soon. A huge thank you to our lovely ladies Felicity, Chantelle and Cherie. These ladies have worked tirelessly to get all the paperwork and equipment ready to have a functional canteen. A big thank you to Cherie & Connie, for giving up their weekend to paint and clean the canteen. The canteen looks immaculate. I have no words to describe such amazing community spirit we have in Ulong. The students will now be able to buy healthy snacks and lunches at school. Opening days will be decided at Friday's P&C meeting.

P & C Meeting: The school P & C will be holding their first meeting of 2017 on Friday, 17th February at 9:15am, so please do try to come and join them to have your input into some of the decisions that impact your children. We would encourage our new families to be part of our P & C. It is nice way to enjoy a cuppa and socialise with other parents and community members.



Star of the Week
Week 3

Abe



Star of the Week
Week 4

Nakita



Chinese New Year: Last Friday our students had an opportunity to learn more about Chinese New Year from Mrs Shirley Booth. The students learnt about the characteristics of a rooster year as this year is the Year of the Rooster. It was very generous of Mrs Booth and Mrs Houlihan to spare some time to come and help the students celebrate. The students were given a lucky coin bag to take home to bring luck and money to them. They also enjoyed the Chinese cuisine of noodles and a fortune cookie.

Debating Enrichment day: Our students Nakita, Joseph, Jada and Aidan attended this day and learnt some valuable skills on how to be a great debater. This was held at Nana Glen School.

Communication Case: You may have noticed that your child or one of your children has come home this week with an addition to their school bag. This zippered case will hold any notes that the students are given at the end of the day. Hopefully this will help with the loss of notes that seems to be occurring. Please check it and deal with the notes, add payments etc that need to be returned with the note and place them back in the case ready for return to school the next day. In the event of a lost note we are endeavouring to load them onto the Facebook page and the school's website.

Changes to the Newsletter Day: We are from Week 6 (the next Newsletter Week) going to send it home on Mondays. It will have what is happening for the next two weeks and feedback from events that have happened in the prior two weeks. The reasoning behind this decision is families will know up to two weeks in advance of which events and carnivals are coming up.

Name the Canteen: The P&C have been running a competition amongst the students to name the school canteen. We are impatiently awaiting the result from the meeting on Friday. We have some very creative students so we are thinking the name will be quite imaginative.

Regards
Surinder Kaler (Principal)



Nutrition Snippet

The simplest way

...to save time packing lunches.

We know parents are eager to pack healthy, nutritious lunches.



But doing it five times a week, and getting the kids keen on healthy options such as fruit and vegetables, can feel like a chore.

Plan ahead to get organised and save time:

- Make sandwiches at the beginning of the week and freeze, then add fresh salad on the day.
- Cook extra at dinner and use leftovers for lunches - baked veg, stir fry, pasta and rice work well.
- Chop up sticks of carrot, capsicum, celery or cucumber and store in a container in the fridge until ready to use. Let the kids help prepare and select, saving you time and getting them interested.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit



Chinese New Year



The Year of the Rooster

Thank You Mrs Booth and Mrs Houlihan for coming in and sharing the Chinese New Year Celebrations with us.



ULONG PUBLIC SCHOOL

COMMUNITY NEWSLETTER

SCHOOL CALENDAR

TERM 1 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 27/1/17					SDD
Week 2 30/1 - 3/2			Small Schools Swimming		
Week 3 6/2- 10/2			School Leaders Induction Meet and Greet		Orara Valley Swimming Carnival
Week 4 13/2 - 17/2			Debating Enrichment Day		P&C Meeting 9.15am
Week 5 20/2 - 24/2					
Week 6 27/2 - 3/3		Red Balloon Day		Year Six Fundraiser Cake Stall	
Week 7 6/3 - 10/3					
Week 8 13/3- 17/3					
Week 9 20/3 - 24/3	Captain Active	Harmony Day Crazy Hair Day Orange Mufti			
Week 10 27/3 - 31/3			Great Debate Lowanna		
Week 11 3/4 - 7/4		Combined Cross Country at Upper Orara			
<p>_____ Staff Return 24th April, ANZAC Day 25th April, _____</p> <p>Students return 26th April</p>					

*What ever you do,
do well.*

