

ULONG PUBLIC SCHOOL

COMMUNITY NEWSLETTER

Personalised Learning in a Caring Rural Environment



2nd February 2018

Term 1 Week 2

Dear Parents and Carers,

The 2018 school year is in full swing now and I can honestly say that it has been one of the most positive starts that I have ever experienced. Things have progressed quite smoothly and the climate in the school has been truly excellent. Well done everyone. I hope you all received my first communique last week, which gave you an insight of all the activities taking place in week 2 & 3.

Term 1 calendar will be coming home soon so please make sure to display it where it's visible to be informed of the upcoming events.

WELCOME TO OUR NEW FAMILIES: I would like to take this opportunity to welcome all of our new students and families to Ulong—especially those great little students who have just started Kindergarten. I hope that you are all feeling most welcome as you become part of our Ulong family.

ULONG PRIMARY SCHOOL FACEBOOK

PAGE: As you may be aware, we have an Ulong Primary School Facebook page. This is a positive communication site open to

parents, teachers and community members. It is to be maintained as a site to share news, information and photos of the great things happening in and around our school. Another way of communicating is the Skool Loop. It is a free App and all notes are posted on it as well. We also encourage you to please update all your contact details as it's very important for us to keep in touch with you.

SCHOOL ASSEMBLIES: During the school year, parents have an open invitation to participate in our school assemblies in week 3, 6 and Merit assembly in week 10. Today we held our "Meet & Greet" assembly to introduce all the staff, including our new young enthusiastic staff member Catie



A PROUD MEMBER OF THE ORARA VALLEY COMMUNITY OF SCHOOL



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Mepham. We also inducted our new School Leaders and we all appreciated your presence to honour them.



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Kinder 2018



Cancer Council NSW launches an interactive Healthy Lunch Box website for families:

The task of packing healthy school lunch your kids will love is now easier with Cancer Council NSW's new Healthy Lunch Box website (healthylunchbox.com.au).

We know that 93% of children don't eat enough vegetables and 22% are overweight.

The website includes recipes and tips on how to include more fruit and veg in the family's diet and is complete with an interactive lunch box builder to involve the kids, at home, or on the move with a smartphone or tablet.

The website has been launched as part of Cancer Council NSW's Eat It To Beat It program which runs free sessions and

workshops for parents of primary aged school children, helping them to understand why fruit and vegetables are so important.

Visit healthylunchbox.com.au to pack a quick and healthy lunch box today!

SCHOOL BEAUTIFICATION: In 2018, school beautification is an item high on the list of our priorities. Ulong School was once again successful in receiving a sustainable grant. The staff is working hard to imbed sustainability in their daily teaching program. Over the course of this year, we will be working hard to highlight the many great things in and around our school and look forward to sharing these with you.

CANTEEN: I would like to thank Ulong Café for coming on board to support the school in providing healthy special lunches every Thursday and the school canteen will operate every Tuesday to implement 'Kids in Kitchen' program as part of 'Live Life Well @ School'. The students will be responsible of the menu and cooking their healthy meals by using the produce grown at the school and eggs laid by the chickens every Tuesday.

Have a great week.

Surinder Kaler
Principal



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School Calendar Term 1 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 2 5/2—9/2		Meet & Greet	Small School Swimming Carnival		Orara Valley Swimming Carnival
Week 3 12/2—16/2	Life Education Van		Hearing Screening & Healthy Lunches		
Week 4 19/2—23/2			Emergency Drill		
Week 5 26/2—2/3	Big Vegie Crunch				
Week 6 5/3—9/3	Australia Clean Up Day				
Week 7 12/3—16/3					
Week 8 19/3—23/3			Orara Valley Harmony Day at Ulong	Enrichment Day Debating?	Responsible Pet Visit & Road Safety
Week 9 26/3—30/3				Orara Valley Cross Country at Lowanna	Good Friday Public Holiday
Week 10 2/4—6/4	Easter Monday Public Holiday				
Week 11 9/4—13/4		Great Debate at Ulong			
	Holidays				
	Students return on Tuesday, 1 st May				



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