



# Welcome

*from Mrs Kaler (Principal)*

## Swimming Carnival

Our school swimming carnival was held last Tuesday, 11th February at the Nana Glen Pool.

Congratulations to everyone who ‘had a go’ as everyone tried their best in each event.

Congratulations Jovi & Gary who qualified to the next level.

**Communication:** At Ulong School, we are committed to fostering a positive and respectful school environment where students, staff, and families feel safe, valued, and supported. Our staff uphold the highest standards of integrity and professionalism in their dedication to student learning and well-being.

We kindly remind all parents and community members that respectful communication is essential in all interactions with staff, students, and each other. Any form of verbal abuse, threats, intimidation, or defamatory comments—whether in person, via email, phone calls, or social media—will not be tolerated. Such behaviour undermines the values we strive to instil in our students and can have serious consequences.

Instances of threatening or inappropriate conduct will be formally documented and, where necessary, reported to the appropriate authorities, including the police. We encourage open dialogue and constructive feedback, and we ask that all concerns be raised in a respectful and appropriate manner.

Together, we can create a positive and supportive school community where everyone feels safe and respected. Thank you for your cooperation and understanding.

## SAVE THE DATE

Date	Event
24/2/25 - 24/3/25	Swimming for sport every Monday for 5 weeks
28/2/25	Puberty/Sex Education Stage 2 & 3
7/3/25	Puberty/Sex Education Stage 2 & 3 Assembly 2:20pm
12/3/25 - 20/3/25	NAPLAN Examinations for years 3 & 5
25/3/25	Harmony Day
8/4/25	Cross Country at Glenreagh - 8 y.o. & up
11/4/25	Easter Hats Assembly 2:20pm

*Continued from Mrs Kaler (Principal)*



**3-Way conference – Teachers, parents and students:** We invite you to attend our upcoming 3-Way Conferences, where students, parents, and teachers come together to discuss learning progress and goals. These meetings play a vital role in developing Individual Education Plans (IEPs) and Personalised Learning Plans (PLPs) to support your child's unique needs.

Your input is invaluable in helping us create the best learning strategies for your child. We strongly encourage all parents to attend and collaborate with us in shaping their educational journey.

**Swimming for Sport:** We are thrilled to announce that our students will be participating in a five-week swimming program as part of our sport curriculum. This is a fantastic opportunity for students to develop essential water safety skills, build confidence in the water, and enjoy a fun and active learning experience.

 Duration: Monday's 24/2, 3/3, 10/3, 17/3 & 24/3.

 Location: Nana Glen Pool

 Cost: Fully covered by the school – no payment required!

All students are encouraged to take part, and we ask that they bring swimwear, a towel, and a swimming cap (if required) each week. Further details, including session times, will be provided soon.

If you have any questions, please contact [School Contact Person] at [Contact Information].

We look forward to an exciting and beneficial program for our students!

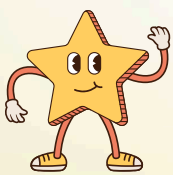
*Congratulations*

To our

*Mulwuy winners*

for this fortnight:

Charlie  
Zahra  
Evanthia  
Eliza  
Shai



# Student Leadership 2025



*School Captain*

Evie

*Sports Captain*

Shai

*SRC*

Kinder - Charlie

Year 2 - Kai

Year 3 - Sammy

Year 4 - Cooper

Year 5 - Carter

*Vice Captain*

Jovi

*Library Monitor*

Harley

*Class Monitor*

Olivia

*First Nations SRC Leader*

Sam

## Meet & Greet and Captain Induction



# Our First Day at Swimming Lessons



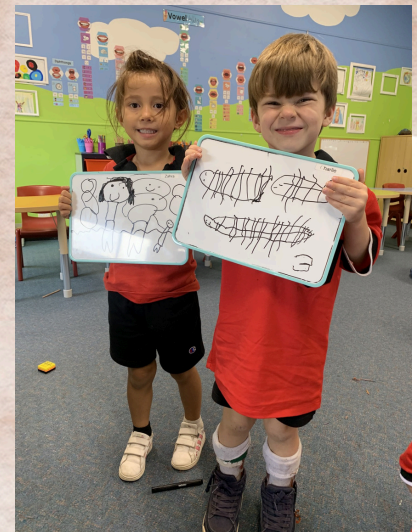
# Gaangan (King Parrot) K-3



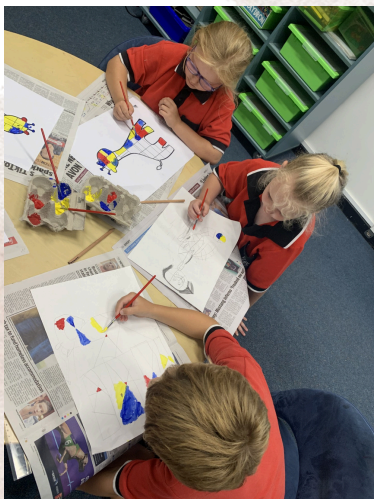
In Gaangan, the students have been working really hard whilst having fun.



## Maths Work



## Mondrian Art



# A Word of thanks from the Eastern Dorrigo Community Hall and Showground



As Chair of the Eastern Dorrigo Community Hall and Showground (Ulong Hall), I would like to greatly express the gratitude of both my committee and myself, to the parents and students of Ulong Primary School who came out in force on Wednesday afternoon to show their support by voting for their new playground design for the Ulong Hall/Showground area. It was enlightening to see the design most children selected for their park – a wonderful lesson in democracy.

The selected design will now go to the engineers and planners, then once all is secured, the winning company will be given the go ahead and the job will begin construction. So maybe by July or soon after, we may have our new playground, after over ten years of lobbying different council representatives.

For any child or parent who missed attending the exhibition, Council will put the designs on their website, and you can still have your input, or comment on any aspect of any of the designs.

Once again thank you for your community spirit. A village is only as good as the people who choose to live in it. If everyone does a little, we can achieve great things.

Carol Cleary

Chair

Eastern Dorrigo Community Hall and Showground.





### FOODSTORE

Emergency food parcels may be available.

If you need support, please contact

Wayne 0408 298 899  
or Russell on 0413 182 053



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Open: Monday - Friday, from 9:00 am - 4:00 pm  
Phone: 6648 3694 | Email: [info@chnc.com.au](mailto:info@chnc.com.au)

Visit the Centre, phone or email for

Support, Information, Referrals & Blankets

- OZHARVEST food delivery: Mon, Wed, Thurs, Fri
- Free computer, Internet & phone use
- Free legal advice alternate Thursdays by phone
- Free counselling Mon, Tues and Thurs
- Wesley Mission Emergency Relief voucher and vouchers and brokerage

**DONATIONS OF FOOD, NAPPIES, PET FOOD AND TOILETRIES ARE KINDLY APPRECIATED**  
22 Earl Street, Coffs Harbour

**FREE MEALS 7 DAYS A WEEK**  
Coffs Harbour



Coffs Harbour Uniting Church

**SOUP PLACE**

Uniting Church Hall  
Vernon Street, Coffs Harbour

**FREE LUNCH: 12.30 pm - 1:30 pm | Monday - Friday**  
Closed Public Holidays

Dining room open Monday - Friday

Phone: 6652 7044

Email: [ucacoffs@optusnet.com.au](mailto:ucacoffs@optusnet.com.au)

Saturday Lunch

**BAPTIST CHURCH**

Rotary Park, Coffs Harbour

Free BBQ lunch on Saturday 12:00 pm

Sunday Lunch

**COMMUNITY UNION DEFENCE LEAGUE**

Free feed every second Sunday (FROM 10/3)  
1.30pm - 3.30pm Rotary Park

For any updates to this brochure contact:

**COFFS HARBOUR NEIGHBOURHOOD CENTRE**

22 Earl Street, Coffs Harbour NSW 2450  
Phone: 6648 3694 | Email: [coordinator@chnc.com.au](mailto:coordinator@chnc.com.au)

# BREAKING BREAD



*Essential Support*

*Coffs Harbour  
Directory*

Other services or resources may be offered in other locations. Information and conditions herein are subject to change without notice and are considered correct as of the 6/3/2024

Garry Farrell established Breaking Bread on the 01/06/2012  
We acknowledge his contribution



**FINANCIAL WELLBEING SERVICE**

Face to face and Phone appts – TUESDAYS only

Suite 2 & 3 222 Harbour Dr, Coffs Harbour 2450

Call 6651 1788 to make an appointment

- Food vouchers
- Links to other financial support
- Budgeting and other financial tools
- ID Bank and Centrelink statements required



**Coffs Harbour & District LALC**

301-325 Pacific Hwy (Wongala Estate)

Monday – Fridays | 8:30 am - 4:30 pm

Phone: 6652 8740 for phone appointments

Aboriginal Community Support & Referrals

**The Salvation Army**

40 Mastracolas Road, Coffs Harbour

Open Tuesday to Fridays 9:30am -12:30pm

- Drop in for coffee, biscuit, and chat.
- Food hampers, fresh fruit and veggies
- Shower and toilet facilities
- Case worker available Thursday and Friday
- Financial Counselling

Phone Assistance Line (PAL) available Monday to Friday 9AM – 4PM on 8775 7988 for those who require financial assistance to support them through a crisis.

Food van operates every Friday 4:30PM-6PM at the Coffs Harbour Jetty Left-Hand-Side Car Park.



12 Earl Street, Coffs Harbour 2450

For an appointment:

Phone 6652 3116

9:00 am – 2:00 pm | Mon and Wed - Fri

- Food assistance/pantry vouchers
- Medication costs
- Clothing & furniture assistance
- Electricity Vouchers
- Family and individual hardship relief
- Centrelink income statement and I.D required

Email: [info@lifehousecare.org.au](mailto:info@lifehousecare.org.au)



**PANTRY**

Provide food for a small fee - Ph: 6658 0055

Coffs Harbour - 169A Orlando St - Tues & Fri 10am – 12pm

Bellingen - 64 Hyde St - Tues and Fri 10am – 12pm

Toormina: 4 Minorca Place - Thurs 10am – 12pm

Urunga: Morris Arcade, Bowra St – Thurs 10am – 12pm

Thurs 2pm – 4pm

Fri 10am – 12.30pm

Woolgoolga: 8 Nightingale St - Tues and Fri 10am – 12 pm

(HCC/ PCC Card)



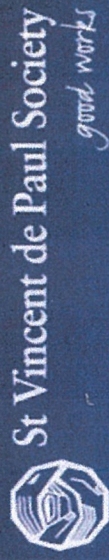
**BRIDGING THE GAP**

Currently in process of relocating

Phone: 5606 2167 or email

[admin@bridgingthegapcoffs.com.au](mailto:admin@bridgingthegapcoffs.com.au)

- Electricity Vouchers, Swags (if available).
- Forms, Advocacy and Counselling
- Clothes and Food parcels (if available)
- Work and Development Orders
- Free breakfast and lunch (Tues, Wed and Thurs)
- NDIS Provider



6 Scarba Street, Coffs Harbour 2450

For an appointment for assistance, please

phone 6650 0172 between 8.15 - 9.00 am on

Mondays and Wednesdays

(If you don't have a personal phone or any phone credit, please remember that Telstra public telephones are free to use)

- Food Vouchers
- Pharmacy Prescription Assistance
- Referrals to other agencies
- Centrelink Income Statement & I.D. required

**PETE'S PLACE**

8.30 am – 12:30 pm (Monday – Friday)

Closed on the 2<sup>nd</sup> Monday of each month

22 Earl Street (behind Coles) | Phone: 0438 931 201

Supporting people experiencing homelessness or at risk of homelessness

- Free professional inreach services – medical, Centrelink, legal, Service NSW and specialist housing services
- Shower & toilet facilities
- Free community laundry (wash machines & dryers)
- Breakfast, Advocacy, Support & Referral

**FRIENDS OF THE FAMILY | OUTREACH SERVICE**

Food parcels delivery Tues and Thurs

Coffs, Harbour, Toormina, Sawtell & Boambee areas

Call 0448 768 165 from 9am – 12 midday Mon - Fri